



## Client Registration Form

Date: \_\_\_\_\_

\_\_\_\_\_  
BIRTHDATE

\_\_\_\_\_  
NAME

\_\_\_\_\_  
HOME PHONE

\_\_\_\_\_  
HOME ADDRESS

\_\_\_\_\_  
CELL Phone

\_\_\_\_\_  
CITY

\_\_\_\_\_  
STATE

\_\_\_\_\_  
EMAIL

How did you hear about us?

\_\_\_\_\_

What are your goals for your Pilates practice?

\_\_\_\_\_

Current Physical Activities:

\_\_\_\_\_

Do you currently have any physical limitations or injuries?

\_\_\_\_\_

\_\_\_\_\_

## Policies and Procedures

- Reservations are recommended, though walk-ins are welcome if space is available
- Cancellations must be made 12 hours in advance, or you will be held responsible for payment in full. Call 703.989.0413 or send an email to mindovermatpilates7@gmail.com
- For your first session, please arrive 15 minutes early to fill out the requisite paperwork
- Students should arrive 5 – 10 minutes prior to the start of class
  - Your place may be given away if you are not present at the class start time
- Students arriving 10 minutes past the start of the class will not be permitted to join and will be charged for the session
- All packages expire within six months of the purchase date
  - Exceptions will only be made in case of injury or illness

***I have read the policies and procedures above, and by signing this document, agree to the terms and conditions as stated.***

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**PRINT NAME**

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**DATE**

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**SIGNATURE**